

A message to teens: How to tell when drinking is a problem

Alcoholism

Alcoholism is a rough word to deal with. Yet nobody is too young (or too old) to have trouble with booze.

That's because alcoholism is an illness. It can hit anyone. Young, old. Rich, poor. Black, white.

And it doesn't matter how long you've been drinking or what you've been drinking. It's what drinking does to you that counts.

To help you decide whether you might have a problem with your own drinking, we've prepared these 12 questions. The answers are nobody's business but your own.

If you can answer Yes to any one of these questions, maybe it's time for you to take a serious look at what your drinking might be doing to you.

And if you need help or if you'd just like to talk to someone about your drinking, call us. We're in the phone book under Alcoholics Anonymous.



ILLUSTRATIONS: KATE MCKEON

**Patient
care**

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